









NC STATE UNIVERSITY

are hitting the road!

Triangle seniors are more active today, making 16% more trips per person than in 1995.

Silver sneakers

For every 1000 trips taken in 2006, almost 1 of those trips were taken by bicycle. In 2016, the the number of trips made by biking jumped to 2.4 trips.











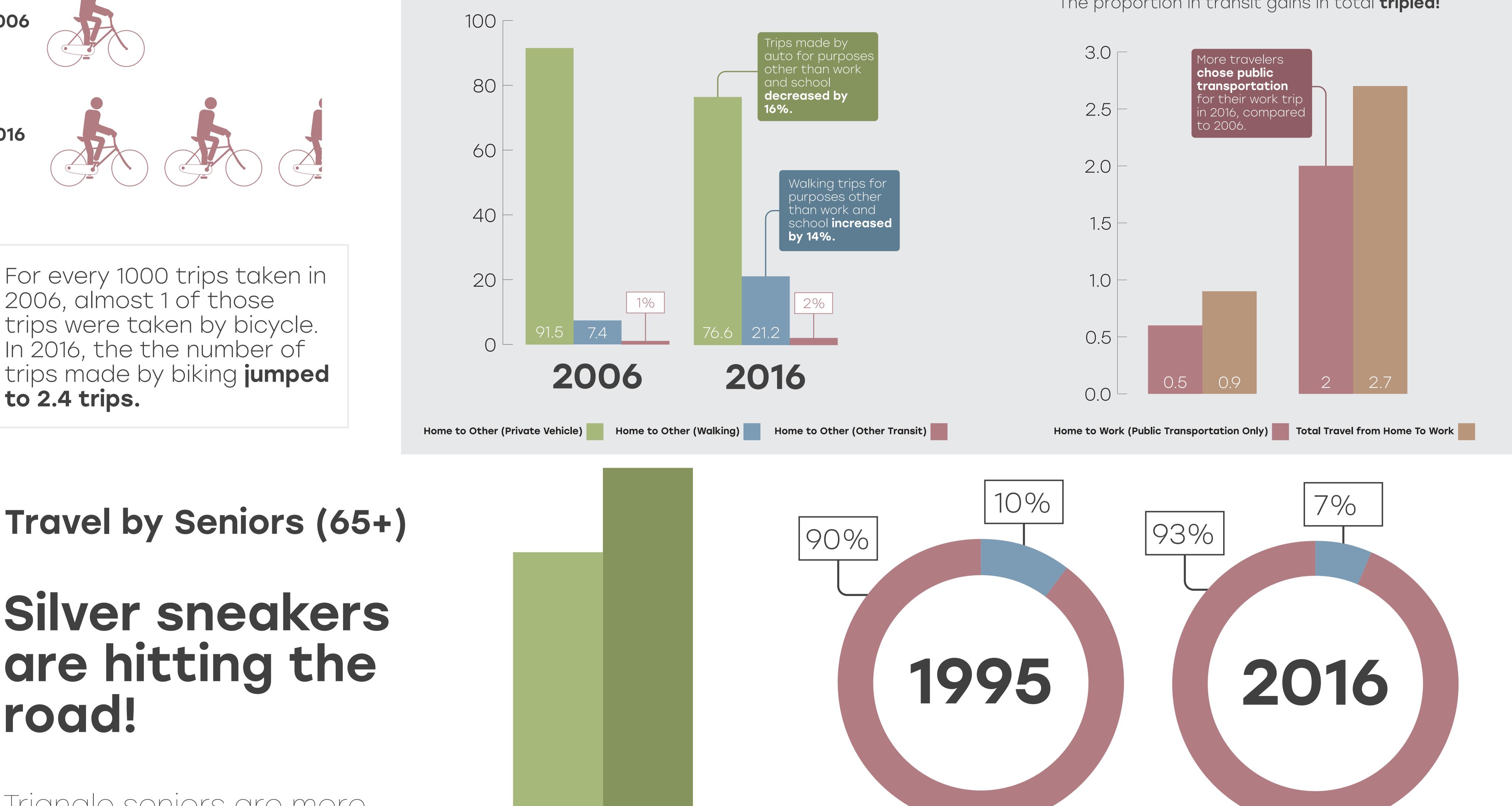


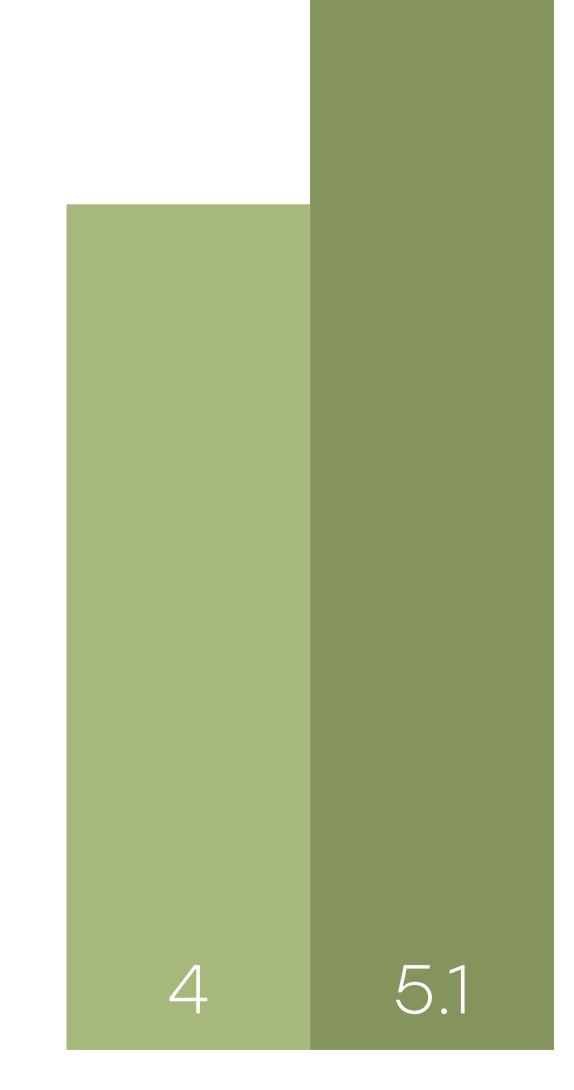
Bike Trips in the Triangle are Increasing

Additional Person Travel Statistics

Changes in the Choice of Mode for Travel in the Triangle

Home to Other Destination

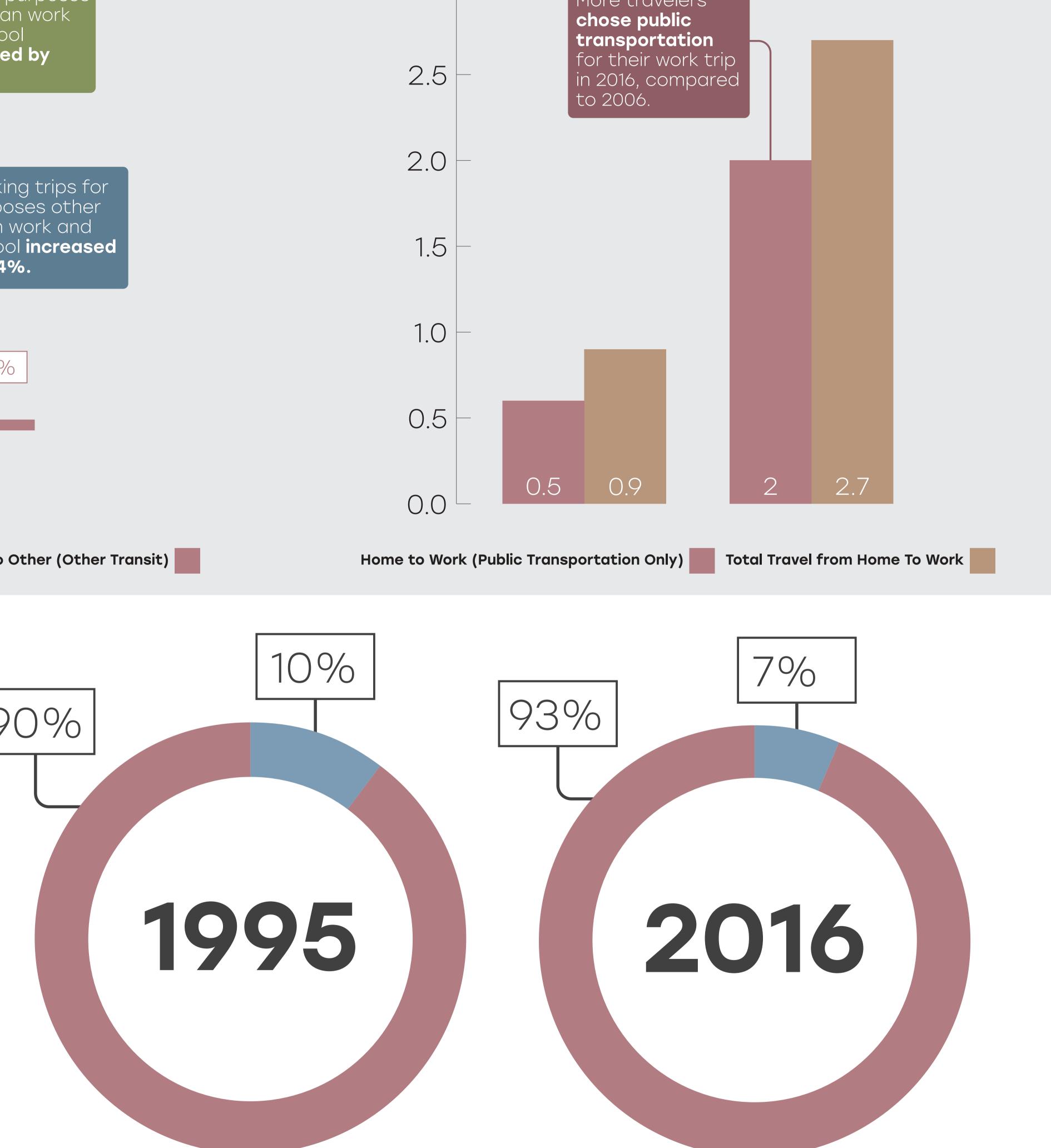




Daily person trips increased steadily, 27% from 1995 to 2016.

Home to Work

The proportion in transit gains in total **tripled**!



Travel for work **fell** between 1995 and 2016, while non-work tirps **increased** in that sime time period.

Work trips: -37%

Non-Work: +4%